



Welcome to the Radford Youth Adult Partnership January 11, 2018 Meeting

**Next meeting:** Thursday, February 1<sup>st</sup>, from 4:00 – 5:00 p.m. in the conference room at the Radford Public Library

**AGENDA:** Today's meeting focused on moving forward with the ABC Prevention and Education grant into 2018, 2018 events, Healthy Relationships Week, and leadership transition.

**January 11, 2018 4:00 – 5:00 p.m. RYAP Minutes**

**Attendance:**

Lynn Burris	Lena Rutzinski	Dr. Pam Ray	Kirsten Smith
Nycole deLeeuw	Samantha Wilhelmi	Ann Elliott	Hollie Fitzgerald
Vicky Collins	Donte' Morrison	Abbie Meier, facilitator	

- I. **Welcome, Introductions, and Announcements:** Coalition facilitator, Abbie Meier, welcomed coalition members to the meeting and introductions were made.
- II. **Agenda Approval:** The January 11, 2018 agenda was unanimously approved with no changes after a motion from Dr. Pam Ray, which was seconded by Ann Elliot.
- III. **Minutes Approval:** The November 9, 2017 meeting minutes were unanimously approved after a correction: the Women's Resource Center does sexting education for 6<sup>th</sup>-10<sup>th</sup> graders at Radford City Public Schools, upon a motion from Dr. Pam Ray, which was seconded by Ann Elliot.
- IV. **Community Updates:**
  - a. Radford City Public Schools Step Up: Lynn Burris reported out on the success of the initiative to provide students with a hot meal and a backpack of food during inclement weather, which was taken on by the school system. There was significant community turn out at this event and it helped out several Radford families that were in need.
  - b. YADAPP: Lynn Burris also reported on the success of the Youth Alcohol and Drug Abuse Prevention Project students, who presented to the school board in both November and December. They have requested their prevention (STAN) plan, the random drug testing of VHSL participants, be taken into account as the board considers the 2018-19 budget.
  - c. Underage Buyers Program: Lena Rutzinski, special agent with the Virginia ABC, asked coalition members to consider and reach out to good students with no criminal record in the New River Valley about working with the ABC in the underage buyers program. The ABC is looking for youthful 16-19 years old's with no facial hair to visit various vendors in the area and attempt to buy alcohol or tobacco with their real ID. 2 special agents stay with the students during the operation to ensure their safety. The schedule is flexible and pays about \$10.50/hr.
  - d. 9<sup>th</sup> Annual Caregiver Conference: Dr. Pam Ray reported on the Agency on Aging's 9<sup>th</sup> annual caregiver conference, which will be held on March 8<sup>th</sup> from 8 am- 3:30pm at New River Community College. This is a good opportunity for professional and familial caregivers to receive education, resources, and caregiving tips.
  - e. Potato Drop: Dr. Pam Ray reported on the Potato Drop, which being hosted by the New River Glean Team. 48,000 lbs. of potatoes were donated from the Saint Andrews Society in Main and the glean team is distributing 50lb bags to agencies with clients in need. Pam has graciously offered to store potatoes over the holiday weekend and deliver to interested agencies. Please

call Pam at 953-1805 or text at 577-2144 if you would like potatoes for your agency to distribute.

- V. Healthy Relationships Week (HRW):** Donte' Morrison, Peaceline Coordinator at the Women's Resource Center, reported on the needs for the upcoming Healthy Relationships Week events at Radford High School. This year, HRW will be February 12<sup>th</sup>-16<sup>th</sup> and the events will take place during the high school's lunch times. This year students on the HRW planning committee selected 5 themes, one per day; online dating, consent, healthy boundaries, breaking up, and how to help a friend in an unhealthy relationship. More information about these topics can be found at [breakingthecycle.org](http://breakingthecycle.org) (Breaking The Cycle). Donte' asked coalition members to be thinking about individuals and businesses in the area that would be interested in partnering with the Women's Resource Center, the schools, and RYAP to provide incentives for students that participate in the daily activities. For more information please contact Abbie Meier, RYAP facilitator, or Donte' Morrison ([peaceline3@wrcnr.org](mailto:peaceline3@wrcnr.org))
- VI. Partnerships for Success (PFS) Grant:** Abbie Meier reported on the PFS grant, which is a 5-year, \$120,000 grant awarded to the New River Valley through the Pulaski Community Partners Coalition (PCPC). The PFS grant updates are as follows:
- a. Regional Coalition: Abbie Meier reported on the progress of the Regional Coalition, a strategy that came out of the PFS work plan. This coalition currently consists of the facilitators of the 5 New River Valley substance abuse coalition leads and the NRVCS prevention supervisors. The coalition met on January 3<sup>rd</sup>, and initially intended to discuss and work on a mission statement, vision statement, goals, and membership job descriptions for regional coalition. However, due to the holidays, individuals were missing from the meeting, so discussion about the regional coalition's structure was tabled and instead, coalition leads discussed the structures of their own coalitions. All NRV Substance Abuse coalitions can expect to revisit their structure, mission, vision, executive boards, etc. in the upcoming year in order to create uniformity and strength across the region.
  - b. The Face of Addiction is Mine: Abbie Meier also reported on the progress of yet another PFS grant work plan strategy, a media campaign surrounding the reduction of substance abuse disorder and recovery stigma in the NRV. The campaign, which includes a Facebook, Twitter, Instagram, Snapchat, and YouTube account as well as a website and a magazine publication, is due to launch in March. Coalition members were asked to brainstorm ideas for potential publication sponsors. The PFS grant does not want to absorb the costs of printing and distributing the magazine, so they will be selling ¼, ½, full page, and cover ads, If you or your agency have any ideas for sponsors, please email Abbie.
  - c. REVIVE!: Abbie Meier reported on the 3<sup>rd</sup> and final PFS work plan strategy, the hosting of REVIVE! Emergency Opioid Overdose Reversal and Naloxone Administration trainings. So far over 125 individuals have been trained in the New River Valley. The PFS grant is actively seeking out agents who may be interested in having their staff trained. The training is approximately 1.5 hours and at the conclusion, those who have completed the training will receive a free prescription of Naloxone, thanks to a partnership with the New River Health District. If you or your agency are interested in this training, please email Abbie.
- VII. ABC Grant:** Abbie Meier reported on the progress of the VA ABC Education and Prevention grant, which has been awarded to RYAP for 2017-2018.

- a. HRW Pens: The pens have officially been ordered! Abbie passed out handouts with the ABC approved artwork, which will be sent to the entire coalition via email. The ABC only required one small change; rather than use the Facebook thumbs up symbol, the Facebook logo (a F that is outlined in a box) is used before the acronym “RYAP” as a call to action. The pens should arrive by the 17<sup>th</sup> of January. Thanks to a site-wide sale, RYAP was able to order 1,000 pens, so discussion about how many to use at Radford High School and how many to donate to Giles County High Schools was had. The coalition unanimously approved using 500 pens at Radford High School and donating the other 500 for other NRV high schools after a motion by Vicky Collins, which was seconded by Dr. Pam Ray.
  - b. Student Conversations: Abbie Meier reminded the coalition that the first student conversation and pizza event will take place at Radford Public Library from 2:45-4ish next Wednesday, 1/18. Kirsten Smith and Lena Rutzinski volunteered to help facilitate the conversation amongst the students/record the conversations. The topic of this conversation will be binge drinking and social hosting. The next student conversation is scheduled for 2/28 with Dr. Pam Ray and Samantha Wilhelmi volunteering!
  - c. Art contest: Abbie reported having reached out to the art teachers at Radford High and Dalton Intermediate about the upcoming art contest. Per the ABC grant, the theme this year will be *creative depictions of the negative consequences of underage drinking* and both a high school and middle school winner will be chosen to have their work on a billboard. Lynn Burriss suggested contacting superintendent, Rob Graham, about the best time to host the art contest. Vicky Collins suggested RYAP reviewing all submissions and choosing a top 5 from the middle school and a top 5 from the high school, then having an art teacher from a different school choose a winner. Abbie Meier is friends with the art teacher at Blacksburg High School and offered to talk to her about participating.
- VIII. Leadership Transition:** Abbie Meier has been facilitating RYAP since September, when Tyler Vance, former facilitator, moved into a different position at NRVCS. Abbie reported having been offered, and accepting, a new position as well. Beginning January 29<sup>th</sup>, Abbie will be the campus health educator at Radford University. Abbie then introduced Kirsten Smith, NRVCS Prevention Specialist, who will be stepping up at the new RYAP facilitator. Kirsten received her Masters of Public Health (MPH) at Virginia Tech in 2016 and started with NRVCS in April. The coalition welcomed Kirsten with open arms and wished Abbie luck on her new journey.
- IX. 2018 Event Brainstorm:** Kirsten Smith led the coalition in a focused conversation on events they would like to see happen in 2018. Ann Elliot suggested Kirsten create an awareness month list that details all of the different awareness days throughout the year that RYAP could coordinate with. RYAP expressed interest in maintaining the art contest, with the potential topic of sexting for next year, and participation in HRW. RYAP also expressed interest in revisiting the creative novel project. As far as new events, RYAP mentioned the potential for a college and high school mentor program, connecting nursing students, art students, and the Peer Health Educators at Radford University to Radford High School students, as well as a pre-prom “don’t drink and drive” event with drunk goggles, table tents in public places, Project Sticker Shock, and volunteering at the emergency shelter through the Women’s Resource Center during the summer. If anyone has any other ideas they would like to discuss in the upcoming months, please email Kirsten (knsmith@nrvc.org)

***Meeting adjourned at 4:58 pm***

**Next Meeting: February 1, 2018 from 4:00-5:00 pm- Radford Public Library.**