

REACH Region III - Monthly Report: August

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Update

Clinical Corner



August Data

Adults

Referrals: 31
 Active Clients: 48
 Crisis Plan Hours: 168.1
 Crisis Prevention hours: 254.6

Calls to Crisis Line

Information: 72
 Crisis Prevention: 80



Executive Functioning Skills for Parents of Children with ASD & ADHD - English/Spanish Videos

Crisis Face to Face
Response: 49 Face to
Face + 0 Telehealth
Total Calls: 201

*Average Crisis/Face to
Face Response Time:*
85.6 minutes

**Crisis Therapeutic
Home**

Emergency Bed Days:
154
Step-down Bed Days: 31
Prevention Bed Days: 0

Children

Referrals: 27
Active Clients: 34
Crisis Plan Hours: 120.9
Crisis Prevention Hours:
135.9

Calls to Crisis Line

Information: 30
Crisis Prevention: 4
Crisis Face to Face
Response: 26 Face to
Face + 0 Telehealth
Total Calls: 60

*Average Crisis/Face to
Face Response Time:*
80.9 minutes

Unstuck And On Target | YouTube.com

This series of videos is designed to give practical parenting advice that they can immediately use to support their neurodivergent child’s executive functions.

These engaging videos feature parents sharing their real life wisdom and experts who give practical ideas and easy to understand explanations. If you have a child with ADHD, Learning Disabilities, or Autism, these videos will help you reduce conflict and turns can’t’s into cans.

[Click here](#) to view (English)

Nuestro equipo ha creado un conjunto de videos sobre habilidades de función ejecutiva (pensar de manera flexible, manejar sentimientos difíciles, trabajar para alcanzar metas, etc.) dirigidos a padres de niños de entre 7 y 11 años con autismo o TDAH.

Estos videos ya están disponibles en inglés y español. Por favor, siéntase libre de compartir este recurso gratuito con cualquier familia que crea que pueda beneficiarse.

[Click here](#) to view (Español)

Our Referral Form

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org

Fax: 540.267.3403

Videos

Apps



Time Timer

Improve time management skills, executive function, and focus by utilizing this award-winning app from the makers of the ORIGINAL visual timer.

[Click here](#) to learn more.

Books & Podcasts



Podcast: Focus Forward

Focus Forward is a comprehensive guide to improving Executive Functions - the mental skills like time management, task initiation, organization, and emotional regulation that allows us to be successful.



Mental Health and Autistic Adults Without Intellectual Impairment

Seattle Children's Autism Center | YouTube.com

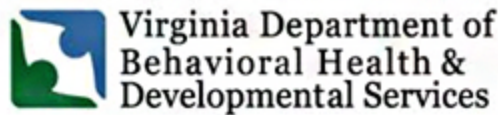
This presentation focuses on mental health conditions and steps we can take as a community of self-advocates, parents, and caregivers to foster self-determination and remove barriers to mental health services.

The impact of COVID-19 on mental health services is also discussed. The presenters share their experiences, strategies and resources.

This presentation is focused on autistic adults without intellectual impairment and who are not enrolled in DDA.

Click on the video above or [click here](#) to view.

Health



DBHDS/Office of Integrated Health

[Click here](#) to learn more.

[Click here](#) for the newsletters and safety alert archives.

Employment Opportunities



REACH Region III Is Hiring!

The **REACH** program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others.

REACH services are available statewide, with one regional program being located in each of the Commonwealth's five DD regions.

REACH Mission Statement

Individuals with intellectual and/or developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community which includes access to appropriate and effective crisis stabilization, intervention, and prevention services including mental health treatment services when indicated.

What does it mean to our staff to work for REACH?

"I enjoy working in the REACH program as it allows me to be creative and to utilize skills and abilities that most programs do not. REACH services also allows me the opportunity to witness the impact of my work on clients and their families/providers." - Junior Stoots, REACH Coordinator

"Working for REACH means to me being the first line of support when working with a challenging population. It means being flexible and dependable for my co-workers and the consumers we serve." – Nicole Dailey, CSP II-Utilization and Training

REACH Region III - Southwestern Virginia.

Areas Served:

Blue Ridge BH: Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke, Vinton, Salem, Vinton

Cumberland Mt CSB: Big Rock, Buchanan, Grundy, Pilgrims Knot, Vansant, Castlewood, Cleveland, Dante, Honaker, Lebanon, Rosedale, Russell, Tazewell

Highland CS: Washington County, Abingdon, Clarksville, Damascus, Emory, Glade Spring, Meadowview and City of Bristol, Virginia

New River Valley CS: Radford, Willis, Copper Hill, Floyd, Giles, Narrows, Pearisburg, Rich Creek, Staffordsville, Blacksburg, Christiansburg, Claudville, Montgomery, Riner, Shawsville, Pilot, Allisonia, Draper, Dublin, Hiwassee, New Bern, Pulaski, Pembroke, Meadows of Dan

Danville-Pittsylvania CSB: Danville, Blairs, Callands, Chatham, Gretna, Pittsylvania, Ringgold, Sandy Level

Dickenson County BHS: Birchleaf, Breaks, Clinchco, Clintwood, Dickenson, Haysi

Mt. Rogers CSB: Bastian, Bland, Rocky Gap, Carroll, Atkins, Ceres, Chilhowie, Elk Creek, Fires, Galax, Grayson, Groseclose, Hillsville, Independence, Mouth of Wilson, Smyth, Sugar Grove, Troutdale, Whitetop, Saltville, Marion, Barren Springs, Crockett, Fort Chiswell, Foster Falls, Ivanhoe, Max Meadows, Wythe, Wytheville, Rural Retreat

Piedmont CS: Martinsville, Boones Mill, Burnt Chimney, Callaway, Ferrum, Franklin, Glade Hill, Penhook, Rocky Mount, Smith Mountain Lake, Union Hall, Wirtz, Axton, Bassett, Collinsville, Fieldale, Henry, Ridgeway, Spencer, Stanleytown, Patrick

Planning District One BHS: Dryden, Ewing, Jonesville, Lee, Middlesboro, Pennington Gap, Rose Hill, Stickleystown, Norton, Clinchport, Duffield, Dungannon, Gate City, Hiltons, Nickelsville, Scott, Weber City, Appalachia, Big Stone Gap, Coeburn, Pound, St. Paul, Wise,

Southside CSB: Warfield, Alberta, Brunswick, Gasburg, Lawrenceville, Rawlings, Alaton, Boydton, Buffalo Junction, Chase City, Clarksville, Clover, Halifax, Mecklenburg, Nathalie, Scottsburg, Skipwith, South Boston, South Hill, Sutherlin, Virgilina, Bracey

For information on available positions and to apply [click here.](#)

(Type 'REACH' in the search bar)

Opportunities and Events



[Virginia Association of Community Service Boards: 2024 Public Policy Conference](#) *(fee based)*

Wednesday, October 2 - Friday, October 4

The Hotel Roanoke & Conference Center
110 Shenandoah Ave NE
Roanoke, VA

[PEATC: Fall Special Education Workshop Series for parents and professionals](#)

September 25 - From Referral to Eligibility
October 9 - Anatomy of an IEP
October 23 - Measurable IEP Goals
November 6 - Ins and Outs of IEP Meetings
November 20 - Dispute Resolution

Sessions begin at 6:30 pm EST

DBHDS



Virginia Department of
Behavioral Health &
Developmental Services

[Click Here](#) for the website.

[Click Here](#) for Provider Development.

Resources



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

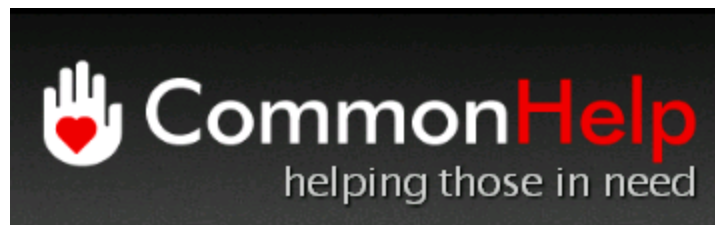
[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their website.



Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit

the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

The Employment Toolkit for Job Seekers with Autism

readyjob.org

[Click here](#) to view.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



New River Valley Disability Resource Center

A non-profit Center for Independent Living serving the NRV

New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

Vaccine Information Center - Virginia Department of Health

[Click here](#) for information on VDH COVID-19 Vaccination Response.

ACT NOW!

WEAR A MASK STAY 6 FEET APART AVOID CROWDS

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Business - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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